TIPS FOR PARENTS

SUPPORTING YOUR CHILD WITH E-LEARNING

STUDENT SERVICES

Student Services is still here to help you and your child during e-learning. If you or your child would benefit from connecting with a member of Student Services, please let us know.

BOOK A MEETING

Maybe you are unsure of what you need, but we may be able to helping you think it through or talk it out.

Ms. Stacey is the Support Services Manager in Student Services and is able to provide brief counselling support, discuss wellness and time management strategies, and discuss concerns related to academics. Book a meeting with Ms. Stacey using Calendly.
https://calendly.com/smarianchuk

Ms. Amani provides Arabic Support in Student Services and is able to work with students who may be struggling with learning in the online environment. Ms. Amani can also provide translation supports to parents, as needed. Book a meeting with Ms. Amani using Calendly.
https://calendly.com/a_chanaa

HOW TO SUPPORT ONLINE SAFETY

We are finding ourselves spending more and more time online during this period of e-learning and physical distancing. The digital world is vast and online activities can take place on all sorts of technology, including smartphones, iPads/Tablets, laptops, or video games.

We need to equip children with the necessary skills to have safe online interactions and develop a healthy balance with technology, for their safety and well-being.

- Establish guidelines around online activities and set the expectation that you will monitor online activities. Use parental controls that monitor access and time spent on devices.

- Teach your child to check with you before searching something online.

- Encourage children to tell you if they come across something online that makes them feel uncomfortable.

- Reinforce that it's never too late to ask for help if they are feeling uncomfortable with something that happened online.

- Teach them not to share any personal information online and be aware that online information can recorded and shared with others.

- Remind children that they create a digital footprint when they go online. Offer guidance on how to make sure the footprint in positive through what they share, post, or message.

- Advise them to not click on any advertisements or links that are not from a trusted source, and teach them what is part of an online game and what isn't.

If you are worried about your child's health and well-being as a result of increased online activities, please reach out to CIS School Administration or the Student Services department. We are here to help.