



# DAILY MOMENTUM PLANNER

April 2020

M	T	W	Th	F	Sa	Su
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

Day/Date \_\_\_\_\_

## TODAY'S PROJECTS

What will you focus on?

Project	Due Date	Time	Event
1			
2			
3			
4			
5			

## SCHEDULED EVENTS

What is planned for today?

## TODAY'S SCHEDULE

When will you do your tasks?

:00 \_\_\_\_\_

:30 \_\_\_\_\_

:00 \_\_\_\_\_

:30 \_\_\_\_\_

:00 \_\_\_\_\_

:30 \_\_\_\_\_

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:00 \_\_\_\_\_

:30 \_\_\_\_\_

## SUPPORTING TASKS

What do you need to do to complete those projects?

Task	Energy Level	Project
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	

## EMERGENT TASKS

Sometimes unplanned tasks pop up! Jot them down here.

Task	Energy Level	Project
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	
	① ② ③ ④	

## NOTES

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